

# RED ROSE FSC FREESTYLE ICE RULES SPRING/SUMMER 2025

- Respect the rights and property of others and the rink.
  - No chewing gum or eating food is allowed on freestyle sessions.
  - Drinks are allowed on the boards.
  - Headphones and ear buds may not be used on freestyle sessions.
  - Skaters and parents may not interrupt another skating lesson.
  - Coaching by parents from the doorways or boards is **not** allowed at any time.
  - Keep moving while on the ice.
  - Look both ways before skating away from the boards.
  - Skaters should always be courteous and respectful of others. Use common courtesies such as “excuse me,” “thanks” and “heads up.”
  - It is important for everyone’s safety that all skaters stay aware of other skaters on the ice. If you are a less experienced skater, please be extra careful to stay aware of other skaters and to look ahead of where you are skating to see what others are doing or are about to do. **If you are an experienced skater, please be patient with the less experienced skaters. Remember – you were new to freestyle ice at one time, too. Please be understanding if someone gets in your way.**
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- **Right of Way/Music:**
    - Skaters taking private lessons have the right of way. Skaters doing a program to music, in their lesson, have priority.
    - Skaters doing a program to music, out of a lesson, have the right of way over general skaters on the session. Every effort should be made to stay out of the way of these skaters. Skaters should not, however, expect to perform their program without interruptions on the ice. **Please wear the neon belts while running your program to alert other skaters.**
    - Program music will be played on a rotational basis. This will be done on the honor system, with the responsibility left to the skaters and coaches.
    - Coaches may put the music of the student they are teaching ahead of other skaters not in a lesson. Everyone should appreciate this policy when they are in a lesson enjoying this privilege and graciously accept this policy when they are the ones being asked to wait in line.
    - On busy sessions, skaters will be restricted to two (2) run throughs per program
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- **Prohibited Behaviors:**
    - *Deliberately challenging, scaring or intentionally blocking another skater*
    - *Being verbally abusive to other skaters/coaches*
    - *Kicking or gouging the ice or boards*
    - *Chatting on the ice for prolonged periods*
    - *Videotaping anyone other than your own skater is strictly prohibited.*